

**Dermatology and Laser Institute of Colorado, P.C.**  
9695 S Yosemite St, Ste 120  
Lone Tree CO 80124

<b>POST SKIN BIOPSY INSTRUCTIONS</b>
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A biopsy is the taking of a small sample of skin for the purpose of histologic examination under the microscope. The biopsy produces a small wound that may leave a small scar. Once the specimen is removed, it is placed in a bottle and sent to a lab for processing, where it is cut into thin sections and stained. It is then examined by a pathologist or dermatologist. Our biopsy fee only covers the actual surgical removal of the biopsy. The laboratory preparation and physician analysis of the specimens is generally billed as two separate additional charges to you or your insurance company. There are separate fees for each individual specimen. While we make every effort to send specimens to laboratories approved by your insurance company, we may not always be aware of changes in coverage that may occur with your individual policy. If you have questions regarding a bill for laboratory services, please contact the laboratory first before calling our office. The following are the phone numbers for some of the laboratories that we use:

Unipath 866-864-7284  
AmeriPath 720-898-3300

FOLLOW-UP CARE  
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1. The bandage or band-aid should be kept on until tomorrow morning, as long as it stays dry. Do not shower until tomorrow.
2. Starting tomorrow, cleanse the wound gently with mild soap twice a day. Dry by patting with a clean cloth. It is not necessary to use hydrogen peroxide.
3. Apply a thin layer of Vaseline (petroleum jelly) or any type of moisturizing agent.
4. If you wish, re-cover the wound with a clean dry band-aid to protect it and prevent the ointment from getting on your clothing.
5. An alternative method of wound care is to apply Liquid Band-Aid (Johnson & Johnson) to the wound, following the instructions listed on the package. This product is available over the counter. It contains a glue which seals the wound and minimizes the wound care that you need to do.
6. If any bleeding occurs, take some gauze and apply up to 30 minutes of firm, constant pressure. If bleeding continues, call our office.
7. If you experience pain, take Tylenol (acetaminophen) every 4-6 hours.
8. Patients are called with biopsy results within two weeks from the biopsy date. If you have not heard from our office within this time, please give us a call.
9. If at any time your biopsy site is bothering you, causing pain, itching, thickening, or not healing, please call our office.
10. After the wound has healed, use sunscreen on the area, since it may burn more easily.
11. If your biopsy site has been sutured, you will need to return in 1-2 weeks for suture removal. The stitches do not dissolve on their own.
12. Occasionally, biopsy results are inconclusive or a tiny skin biopsy will be lost during processing. A repeat biopsy may be required in these situations.